

# Dr. Michelle J. Massa



MICHELLE  
*Massa*

Motivational Speaker and Chiropractic Educator

## Motivational Speaker

### Health and Wellness

Setting Health Goals for Success  
Overcome Your Weight Loss Roadblocks  
Simple Ways to Keep the Weight off  
The Secret to a Fast Metabolism

### Leadership

Leading with Your Heart  
Redefining Beauty  
Awakening the Goddess Within  
Unabashedly and Unapologetically BOLD  
Today's Independent Woman Redefined

## Chiropractic Educator

Upper & Lower Crossed Syndrome  
Workplace Wellness & Ergonomics  
Neuropsychology & Lifestyle Change  
Sustainable Wellness Programs  
HIPAA in a Social Media World  
History and Exam Made Easy  
Chiropractic Ethics and Law



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# CASUAL CLEVER INSPIRING



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**@MichelleJMassa**



**MichelleJMassaDC**

When I saw Dr. Michelle Massa speak, I couldn't help but feel bolder, more powerful and ready to challenge myself to new levels. She doesn't just fill you up with temporary motivation or feel good platitudes, she provides you with actionable steps, real world examples and accessible resources. You can feel her sincerity and authenticity as she speaks, evident in her stories, engagement with the audience and knowledge of her topics. I highly recommend you book Dr. Massa to speak at your next conference or event. She will light up your audiences and spark action.

Nancy Marmolejo  
CEO, Deep Genius



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